

2019 U.S. Masters Swimming 5K/10K ePostal National Championships
Women's 5K Relays (3 Swimmers)

Age group	Place	Club Name	Total Time	First Name	Last Name	Age	Club Abbr	USMS #	Ind. Time	National Record
18+										
	1	Illinois Masters	3:49:06.57	Abigail	Bergman	23	IM	219H-09CWT	1:14:33.49	
				Madeline	Bruce	25	IM	219P-09DA1	1:12:40.39	
				Ryan	Streicker	30	IM	2197-OA5F4	1:21:52.69	
25+										
	1	St Pete Masters Inc	3:39:22.17	Marina	Falcone	32	SPM	1490-06Y2F	1:03:01.99	
				Dawn	Clark	55	SPM	149G-05VRX	1:24:05.09	
				Charlotte	Petersen	55	SPM	149Z-02RF8	1:12:15.09	
	2	Oregon Masters	3:49:55.39	Megan	Tosh	34	OREG	379D-09JSX	1:18:17.10	
				Stacey	Kiefer	41	OREG	379N-01RAS	1:14:31.30	
				Stephanie	Martin	60	OREG	379V-01P7F	1:17:06.99	
	3	North Carolina Masters Swimming	4:16:41.43	Kathleen	Pelczynski	34	NCMS	139G-06W4X	1:17:21.48	
				Joanne	Wainwright	64	NCMS	1399-01P94	1:33:57.17	
				Debbie	Wilson	65	NCMS	139P-02318	1:25:22.78	
	4	Palm Beach Masters	4:32:29.07	Laura	Richards	30	PBM	509D-0AK3M	1:32:00.99	
				Kate	Ufford	44	PBM	509A-09ES7	1:30:57.09	
				Jennifer	Macri	44	PBM	509H-0B58G	1:29:30.99	
35+										
	1	Puget Sound Masters	4:04:41.09	Allison	Cox	35	PSM	369D-SEARS	1:11:26.46	
				Michelle	McRae	44	PSM	3699-04FBZ	1:16:04.09	
				Andrea	Hunt	71	PSM	369Y-0365H	1:37:10.54	
	2	Oregon Masters	5:15:57.77	Anne	Muske-Dukes-Driggs	36	OREG	3795-071YT	1:55:10.79	
				Karen	Gaffney	42	OREG	379U-026YR	1:54:27.99	
				Cheryl	Morgen	50	OREG	379F-026FA	1:26:18.99	

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45+										
	1	Oregon Masters	4:08:04.98	Anicia	Criscione	46	OREG	379M-EYEEM	1:22:44.99	
				Gillian	Salton	51	OREG	379Y-05G96	1:24:12.99	
				Betsy	Hanson	58	OREG	379F-03D7C	1:21:07.00	
	2	Palm Beach Masters	5:01:32.97	Cathy	Goodwin	54	PBM	509G-08CWV	1:39:47.99	
				Jeanne	Danford	56	PBM	509W-028BV	1:25:10.99	
				Kathryn	Cronin	61	PBM	509E-06BNV	1:56:33.99	
	3	O*H*I*O Masters Swim Club	5:20:05.25	Denise	Lavin	52	O*H*	189N-07720	1:46:22.09	
				Flavia	Medlin	52	O*H*	189Y-02RHK	1:53:31.16	
				Lisa	Turner	62	O*H*	189J-087FJ	1:40:12.00	
55+										
	1	Palm Beach Masters	4:00:01.15	Linda	Irish Bostic	56	PBM	509U-06BTX	1:15:28.38	
				Tamara	Burton	61	PBM	5099-099CG	1:20:42.78	
				Darcy	LaFountain	64	PBM	5090-0212Z	1:23:49.99	
	2	Masters of South Texas	4:30:52.46	Suzanne	Cuda	59	MOST	439Y-008RJ	1:23:28.84	
				Susan	Ingraham	60	MOST	439Z-SUSAN	1:16:15.31	
				Linda	Callaway	66	MOST	439H-02NEV	1:51:08.31	
	3	Palm Beach Masters	6:11:58.97	Heidi	Bettendorf	55	PBM	509R-0B0PC	2:02:20.99	
				Junko	Altman	55	PBM	509E-09XJ9	2:05:29.99	
				Sharon	Friedman	60	PBM	509E-06BNV	2:04:07.99	
65+										
	1	Palm Beach Masters	4:15:32.07	Catherine	Rust	66	PBM	5096-06WNH	1:21:37.99	
				Joan	Craffey	66	PBM	509D-06MBR	1:26:09.99	
				Fran	Hare	69	PBM	509U- 02XHG	1:27:44.09	
	2	Oregon Masters	5:34:16.07	Jeanna	Summers	65	OREG	379K-000PT	1:35:36.99	
				Connie	Wilson	71	OREG	3792-0B4NE	1:53:30.09	
				Judy	Ziemer	75	OREG	379H-026R8	2:05:08.99	